



First Time Volunteer Sheet

Please Print Information Clearly

Date: _____ Preferred Shift: A.M. Afternoon Eve Weekend

Group Name (if any): _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Emergency Contact Information

Name: _____ Relationship: _____

Best Phone Number Contact: _____

Do you have Medical Insurance? Yes No

If injured, can we seek medical attention including transportation to the emergency room? Yes No

Do you give the GMFB, its designees, agents and assigns unlimited permission to use, publish and republish in any form or media, information about you and reproduction of your likeness (photographic or otherwise) any your voice, with or without identification of you by name? Yes No

In conjunction with my voluntary involvement in activities undertaken for, and with the participation and support of the Georgia Mountain Food Bank, a non-profit charitable organization, I hereby agree, for myself, my heirs, my assigns, executors, and administrators to release and discharge the Georgia Mountain Food Bank, its officers and directors, employees, agents, and volunteers from all claims, demands, and actions for injuries sustained to my person and/or property as a result of my involvement in such activities, whether or not resulting from negligence, and I agree to release and hold the Georgia Mountain Food Bank, its officers and directors, employees, agents and volunteers harmless from any cause or action, claim or suit arising therefrom. I hereby attest that my attendance and involvement in such activities is voluntary, that I am participating at my own risk, and that I have read the foregoing terms and conditions of this release.

Are you 18 years old or older? Yes No (If not, a Youth Waiver must be signed by Parent/Guardian)

Signature: _____
(Parent/Guardian signature if under 18 years old)

I would like to receive emails regarding: Volunteer Events and Opportunities
 GMFB Talking Points

THANK YOU for Volunteering with Georgia Mountain Food Bank!