Social Media Posts

**General Summer Hunger posts**

**June 14-June 20 & June 29- July 30**

* Hunger isn’t always easy to see. Today, more working families are hungry because wages have declined. In fact, did you know Georgia is one of two states with minimum wage rates under the federal rate? Many of the families we serve do not experience a total absence of food, but the uncertainty if the next meal can be counted on.
* For many in our community, hunger could be just one incident away. Maybe the car breaks down causing a family’s hard-earned income to disappear in the blink of an eye. Sometimes it is seasonal like when the kids are out of school and free or reduced-price breakfast and lunch programs are not available. Summer is an immense challenge to parents already squeezing every penny out of their budget. There are many ways to help today. Visit gamountainfoodbank.org.
* School is finally out for the summer! For most kids the sound of the last dismissal bell of the school year — and the first hour of summer vacation is music to their ears- it’s an exciting, exhilarating, electric time of year. But for the more than 60% in our five county service area who depend on free and reduced meals during the school year, it’s a time of anxiety, worry and uncertainty. Consider helping today. TEXT “NOHUNGER” to 1-844-544-7171 or visit gamountainfoodbank.org to give.
* While some kids in north Georgia stare at the clock, daydreaming about trips to the pool and neighborhood games, these 1 in 4 will wonder if this summer will be like the last few — a time with no food in the fridge. Learn more about our Let Kids be Kids summer hunger campaign. Visit gamountainfoodbank.org.
* Without help from you and Georgia Mountain Food Bank, thousands of children in our

community will miss meals this summer. They will get too little food to sustain their growing bodies. They will worry about their next source of food instead of playing outside and building forts. With your help we can remove the grown-up worries for kids in our community. We can help kids just be kids all summer long. Learn more by visiting gamountainfoodbank.org.

* No child should be burdened with grown up problems such as worrying if dinner will be provided tonight. With your help and our resources we can fill a family’s pantry with nutritious meals all summer long. Just $10 can provide 50 meals! Venmo your donation to @gamtnfoodbank and help feed our hungry neighbors in need.
* For hungry families, summer means deciding between paying power bills and eating dinner. With your generosity, struggling families don’t have to choose just one. With a $20 donation Georgia Mountain Food Bank can provide a family of 4 with more than a week’s worth of meals. Text NOHUNGER to 1-844-544-7171 to make your donation today!
* One in four children in North Georgia is food-insecure. One in four children do not receive sufficient food and nutrients to support their growing minds and bodies. This summer join the Georgia Mountain Food Bank in the fight to eliminate summer hunger. Together we can provide smiles all summer long. Visit gamountainfoodbank.org for more information.
* Hunger hurts. With your help children and North Georgia can have access to a full refrigerator and dinner on the table every night. A $5 donation allows Georgia Mountain Food Bank to provide nutritious meals to all who struggle this summer, especially our kids. Visit gamountainfoodbank.org to learn the many ways you can support kids this summer.
* We are passionate about filling the tummies of our little ones because kids deserve to JUST be kids…and not hungry. Donate today by texting ‘NOHUNGER’ to 1-844-544-7171.

**Let Kids Be Kids “Week of Giving” Campaign Posts**

**June 21 - 28**

**Post 1: June 21**

Join our week of giving campaign TODAY as we celebrate the first official day of summer and our efforts to just let kids be kids this summer. Learn more at gamountainfoodbank.org.

**Post 4: June 26**

It is not too late to help Kids be Kids during our week of giving! Every $10 we raise can fill a family’s pantry with 50 nutritious meals — and help get hunger off a kid’s mind.

Learn more by visiting gamountainfoodbank.org.

**Post 5: June 28**

On behalf of the children who will spend this summer just being kids instead of being hungry because of your help during our week of giving, we thank you!